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Hip Hop Dance Class Free Download

Use these hip hop moves in clubs, parties and any other social events Popping and locking dance style is another hip hop style that has gained lots popularity today.. These are moves that are done upright (as opposed to breakdancing) and require the coordination of legs, arms and torso.. Learn to hip hop dance online with our beginner Hip Hop dance videos They are broken down into the most major Hip Hop dance categories such as general Hip Hop moves, Breakdancing, Popping and Hip Hop moves for kids.. It is based on the technique of quickly contracting and relaxing muscles to cause a jerk in the dancer's body, referred to as a pop or a hit.. This style is perfect for those of you who want to impress someone with sharp, robot-like movements.. They include popular moves like the "two step", "how to dougie" and "arm wave".. If you enjoy these free hip hop dance lessons online and want to speed up your learning, check out our premium dance courses.

Choose your style:Learn hip hop dancing with general hip hop dance videos that would fit any popular hip hop music out there.

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